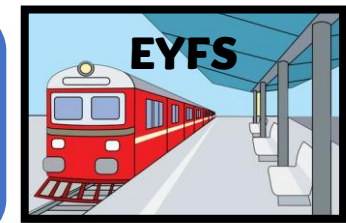
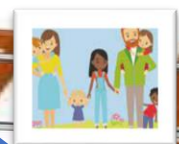
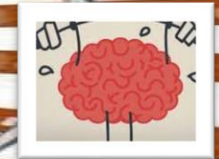


Subject: RHE
Cycle: A



Managing self. Be confident to try new activities and show independence, resilience and perseverance in the face of challenge. Explain the reasons for rules, know right from wrong and try to behave accordingly. Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices. **Building relationships.** Work and play cooperatively and take turns with others; - Form positive attachments to adults and friendships with peers; - Show sensitivity to their own and to others' needs.



Caring Friendships
How can conflict be managed between friends?

Mental wellbeing
How are simple self-care techniques important for everyone's mental wellbeing?

Respectful relationships
How can bullying and stereotypes have negative effects on relationships?

Being safe/ health and prevention
How can we stay safe and healthy?

Mental wellbeing
How does our mental wellbeing affect our daily life?

Families and people who care for me
How are caring, stable relationships important for happy families and children's security as they grow up?

Online relationships/ internet safety and harms
How are online relationships similar to in person relationships?

Mental wellbeing
How does how I am feeling affect how I am behaving?

Respectful relationships
How can we respect ourselves, others and wider society?

Caring friendships
How are our friendships important to us?

Families and people who care for me
How important are our families and what do they do for us?

Online relationships/ internet safety and harms
How does critically considering my online relationships and sources of information keep me safe?

Being safe/ health and prevention
How can we stay healthy and safe?

Online relationships/ internet safety and harms
How do our online actions effect others?



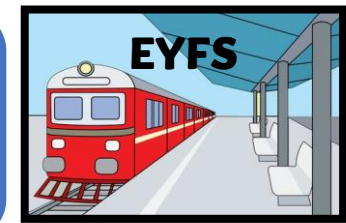
Respectful relationships
How important are permission-seeking and giving in relationships?

Caring friendships
How to seek advice or support when managing conflict.

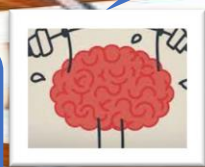
Families and people who care for me
How do families evolve with marriage?

Being/ safe/ health and prevention
How can alcohol, drugs and tobacco be harmful? How can we stay safe and healthy?

Subject: RHE
Cycle: B



Managing self. Be confident to try new activities and show independence, resilience and perseverance in the face of challenge. Explain the reasons for rules, know right from wrong and try to behave accordingly. Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices. **Building relationships.** Work and play cooperatively and take turns with others; - Form positive attachments to adults and friendships with peers; - Show sensitivity to their own and to others' needs.



Caring Friendships
How can conflict be managed between friends?

Mental wellbeing
How are simple self-care techniques important for everyone's mental wellbeing?

Respectful relationships
How can bullying and stereotypes have negative effects on relationships?

Families and people who care for me
How are caring, stable relationships important for happy families and children's security as they grow up?

Being safe/ health and prevention
How can we stay healthy and safe?

Online relationships/ internet safety and harms
How do our online actions effect others?

Respectful relationships
How important are permission-seeking and giving in relationships?

Caring friendships
How to seek advice or support when managing conflict.

Families and people who care for me
How do families evolve with marriage?

Mental wellbeing
How does our mental wellbeing affect our daily life?

Mental wellbeing
How does how I am feeling affect how I am behaving?

Online relationships/ internet safety and harms
How are online relationships similar to in person relationships?

Being safe/ health and prevention
How can we stay safe and healthy?

Families and people who care for me
How important are our families and what do they do for us?

Caring friendships
How are our friendships important to us?

Respectful relationships
How can we respect ourselves, others and wider society?

Online relationships/ internet safety and harms
How does critically considering my online relationships and sources of information keep me safe?

Being/ safe/ health and prevention
How can alcohol, drugs and tobacco be harmful? How can we stay safe and healthy?